

Life Coaching

We are 100% responsible for our own experience of life. The question is do we have the courage to create it?

I will partner with you to design a fulfilling, balanced, and joyful life. We will form a clear vision for the areas of your life where you seek results, and then set a series of goals to achieve them.

Just like athletes have personal trainers to help them get to the next level, I am like a personal trainer for your mindset and behavior change. My role is support you as you work towards achievable, yet challenging milestones on the way to your goal. I am your accountability partner and your cheerleader.

Our conversations are powerful and structured, designed to move you forward with velocity. I am trained to get to the underlying core of what is in your way so that you can move through it. My approach is one of joy, compassion, and inspiration. My clients say I challenge them, yet they feel love and support in the process.

Our work together will help you access your own power, live your purpose and create the freedom to live the life you want.

[*Therapist vs. Coach*](#)

[*What to expect on our exploratory session?*](#)



Nicki Gorini is an Executive and Life Coach, specializing in personal development, performance and leadership coaching. Nicki served on the leadership team and taught coaches at Accomplishment Coaching Coaches Training Program in San Diego, CA. There, she had to unique opportunity to provide professional coaching and training to human resources professionals at the United Nations Family Population Fund (UNFPA).

Nicki works with leaders, entrepreneurs and both small and large organizations, including real estate, health care, law firms and medical device companies. She was the Coach in Residence at PFC at La Costa Resort & Spa working with people from all over the world on their lives and wellbeing. At Bridgepoint Education,

she worked with all levels of leadership. She designed and facilitated leadership development programs impacting leadership effectiveness and talent development of the organization.

Nicki holds the credential of a Professional Certified Coach (PCC) through the International Coach Federation. She is also certified in DiSC (behavioral styles), Emotional Intelligence, and trained in Gallup's Strength based leadership programs.

Nicki believes human beings want to shine their hearts and their unique talents and strengths. Her philosophy is that we are all sharing the human experience as a collective whole to expand and inspire one another.

Nicki earned a BA in English Literature from the University of New Hampshire and later earned her coaching credential from the Accomplishment Coaching Coaches Training Program. Nicki's professional experience includes serving as Deputy Press Secretary for the Pennsylvania State Treasurer. Originally from New Jersey, Nicki loves calling San Diego home where she enjoys the beauty and outdoors as well as visiting a new National Park each year.

Testimonials

"Everyone is on some type of journey whether they know it or not. You have the skill in helping them not only define the journey but deal with the zig zags and challenges that slow or stop progress. People don't, and can't, have an objective assessment of themselves or their specific situation. You have a tremendous skill in 'putting the mirror up to them' which is so important in making interpersonal progress on any issue. You heard me and was able to explain to me who I was and how I was coming across in 30 minutes of conversation. That's a significant skill!"

FRED JOLLY, DEPUTY OF OPERATIONS, UNITED STATES DEPARTMENT OF DEFENSE, SAN DIEGO, CA

"Working with Nicki was fun, challenging, constructive and a blast. She's basically the kind of coach who acts as a friend who listens, directs, calms, and offers you the choices and tools to get to know yourself and become the best that you can be. I learned how to trust myself, my gut, and my instincts on life challenging situations. I built self-confidence by breaking down barriers to what I think of myself and how I perceive others view me. I learned the essence of who I am at the core and trust that above all else. I found control and conviction in my everyday actions."

WEB DESIGNER, SAN DIEGO, CA

"Domenica Gorini was born to be a life coach. She is compassionate, intuitive, empowering, trustworthy, honest and motivating. She helps you acknowledge your challenges, seek the answers you're looking for, and achieve the results you want- all through her impeccable support and guidance."

ELIZABETH BERRY, VICE PRESIDENT OF MARKETING, LOS ANGELES, CA

"Nicki is an amazing person and coach. She has incredible empathy and understanding and is remarkably easy to trust and talk to. Her genuine concern and passion for helping others shows. She forms a true partnership with her clients and helps them organize and form a game plan for overcoming the greatest obstacles, the ones within ourselves."

FINANCIAL ADVISOR, NEW YORK, NEW YORK